

FOOD and NUTRITION SERVICES REQUEST FORM

Date Received by FNS/Initial: _____

For Special Nutritional and Medical Needs

READ CAREFULLY: ONLY COMPLETE THIS FORM IF YOUR CHILD HAS SPECIAL DIETARY NEEDS

INSTRUCTIONS FOR COMPLETING FORM:



PART A: Parent to complete for child with lactose intolerance, religious or food preferences
PART B: To be completed by physician ONLY if you are requesting changes to your child's diet due to food allergies or a medical condition

Return completed form to school front office or cafe manager.

Please contact district dietitian if you have questions about completing this form: 321-633-1000 x 11690

PART A - Parent/Guardian to complete

School Name:

Student Name:	Student Date of Birth:
Parent/Guardian Name and Email Address:	Telephone Number:

Parent Request: _____ Lactose Intolerance- my child cannot drink/eat: ___milk ___cheese ___yogurt ___ice cream
_____ Religious/Personal Preferences -my child cannot eat: _____
_____ Medical Condition/Allergy (**PHYSICIAN NEEDS TO COMPLETE PART B**)

Parent/Guardian Signature: X Date: _____
(I consent to the exchange of information between physician and school; check if you **do not** consent _____)

PART B- Completed and signed BY PHYSICIAN ONLY - food allergy/medical condition

Please check all the foods that need to be **ELIMINATED** from child's diet during the school day:

DAIRY

_____ Fluid Milk (Substitute w/Soy milk: **Y**___ or **N**___)
_____ Cheese _____ Cheese cooked in a meal (Baked Ziti)
_____ Yogurt _____ Ice Cream
_____ Baked goods that contain dairy (rolls)

EGG

_____ Whole eggs
_____ Baked goods that contain eggs

WHEAT/ GLUTEN

_____ Recipes with any gluten containing grain

FISH OR SHELLFISH

_____ Fish _____ Shellfish

PEANUTS OR TREE NUTS

_____ Peanuts
_____ Tree Nuts

CORN

_____ Whole corn (taco shells, tortilla chips)
_____ Recipes w/corn products such as modified corn starch, corn syrup, etc.

SOY

_____ Soy lecithin
_____ Soy protein (concentrate, hydrolyzed, isolate)
_____ Recipes w/any soy listed as ingredient

OTHER - please specify:

LICENSED PHYSICIAN'S INFORMATION

X
Medical Authority Signature

Medical Authority Printed Name/Date

Medical Office Stamp (Please include phone number)

Allergen information can be found at: <https://www.brevardschools.org/Page/3472>