

Parent Resource

Accessing Emotional and Mental Health Supports

I have a concern about my child's emotional or mental health.
Is it an emergency or crisis (Harm to self or others)?

Yes

No

If child is in **immediate** danger, please call
your local law enforcement
9-1-1

Mobile Response Team
(321) 213-0315 or 2-1-1

*Teams are mobilized to assist in crises and stabilize the family in need, if appropriate. This is a 24/7 service that helps ensure the safety of the children and the stability of the homes in which the child resides.

Youth Crisis Stabilization Facilities

- Circles of Care (Melbourne)
(321) 722-5222
- Palm Point (Titusville)
(321) 603-6550

Coastal Psychiatric Urgent Care
(321) 586-5444
Children's Home Society – Warm Line
1-888-733-6303

If your child currently sees a therapist from a BPS contracted agency, the agency can be contacted at the following numbers:

- Big Bear Behavioral Health: (800) 840-2528
- Children's Home Society: (321) 752-3170
- Impower: (407) 215-0095
- Kinder Consulting: (321) 433-1111
- Lifetime Counseling Center: (321) 632-5792

*All agencies now have the capacity to continue to provide counseling services via telehealth platforms that remain HIPAA compliant.

If your child does not have a therapist currently and you would like a referral to a BPS contracted agency, please reach out to your child's school counselor or school social worker via email to have the referral initiated.

*The BPS contracted agencies currently accept Medicaid and some private insurances. If you have private insurance, we suggest you work with your insurance company to find providers in your area of the county.

Video Series: Behavior and De-Escalation Tips for Parents