

Physical Education Class Rules

Explain class rules/ school rules:

1. I will treat everyone with courtesy and respect
 - a. No put downs or name calling
 - b. Use good manners and sportsmanship
 - c. No talking when the teacher is talking
 - d. When you hear the whistle or teacher call out "Freeze" - **Stop - Look- Listen**
 - e. **No Fighting!**
2. I will show respect towards school and personal property
 - a. Don't litter. Pick up litter when you see it.
 - b. Treat P.E. equipment as if it were your own. Use it as it is meant to be used.
3. I will help to create a safe and positive learning environment.
 - a. Encourage other students
 - b. Have a positive attitude
 - c. Do not throw or kick pinecones or sticks.
 - d. Stay within the boundaries. **Never leave class without permission!**
 - e. No gum on school campus. No candy in mouth while participating in PE.
 - f. Talk about emergency situations and fire drill behavior.
4. I will come to school prepared for learning.
 - a. Dress appropriately for PE.
 - b. Use the rest room before PE class
 - c. Bring a note in order to excused from PE for that day and a doctor's note for longer durations.
5. I will accept responsibility for my actions
 - a. Don't argue with the teacher.
 - b. Don't try to blame others.
6. I will try to tell the truth every time.
 - a. If tagged in a game admit it.
 - b. If you are hurt tell the PE teachers when it happens, not at the end of class or after class.
 - c. If someone harasses or bullies you let the teacher know immediately...threatening you, physically intimidating you or making inappropriate comments to you.... etc.