



***Best Buddies offers members opportunities for socialization, leadership development, and integrated employment, thereby providing the necessary tools for people with intellectual and developmental disabilities (IDD) to become more independent and more included in the community.

***Clubs are in middle school, high school and college worldwide, and host monthly activities.

Associate Buddy

- 1.) Limited on time but still want to get involved?
- 2.) Not sure if Best Buddies is right for you?
- 3.) An associate buddy is just as important as a peer buddy because we all have more than one friend, and our buddies need several friends to talk to and hang out with.

Peer Buddy

- 1.) Priority and commitment- Being a friend and a Buddy requires both. But it should not be a burden - it should be fun! 😊
- 2.) True friendship- You stopping by the classroom two or three times may be the only highlight of their day, or eating lunch with them or sending them a text or note.
- 3.) Friendship updates- At the end of each month, you are required to record your interaction with your buddy.

***If you are interested then go to www.bestbuddiesonline.org >membership applications>high school and fill out the application and survey to match with a buddy.

Meetings and Social Media

- 1.) The **FIRST WEDNESDAY** of every month
- 2.) Facebook- THS Best Buddies 2016-2017
- 3.) Twitter- thsbuddies1617

