How to prepare for FSA

FSA....the most stressful and important test of the year or is it? Now remember the FSA is a test on all of the things that you have learned of the past year. Some things you might want to do before the FSA is study or review all of the things you have done over the past year and make sure you remember your topics. On the day before your test and the day of your FSA testing you will want to eat a good breakfast and have a good night’s rest. This will ensure that you are ready to take your test. Do not stress and remember good luck, Statesman! I know you will ROCK it!

Spring Break: What Do I Do?

This is it! Spring Break. A whole week where we get school off! Now over spring break you might not know what you are going to do or maybe you have had something planned for a while. But for those people who are not sure what they should do, here are some ideas. Some things you could do is read, relax on the couch and watch tv, hang out with friends and family, go to the park, play sports, create something, go to the beach, play mini golf, and go to Orlando and do some attractions/theme parks. On the other hand, the people that are going to travel and do have an idea on what they are going to do, during your trip you can write in a journal on what you are doing each day on your trip, you can create a photo album, or you could even video blog your whole trip.

Have a spectacular spring break, Statesmen!
**SPRING BREAK TIPS**

During Spreak Break is a great time to go to the beach, but the beach can be a dangerous place if you don't follow the rules. You should always put on sunscreen to protect your skin from UV rays and prevent sunburn. Then check the lifeguard flag and see if there are any warnings, always be cautious with wildlife no matter the flag.

Always swim to the best of your ability and don't go into the water deeper than you can swim. If you are unable to get back to shore try and get the attention of a lifeguard or someone else in the water. Always swim with someone, you should never go to the beach alone and if you are drowning your buddy can get help. Always pick up trash and leave nothing but footprints at the beach. Since this can affect the marine ecosystem and harm animals.

If you see an animal trapped in fishing wire or injured always call the marine safety hotline and don't touch the animal till they get there. Don't interfere with the wildlife and don't feed them anything abnormal. Fish away from people and if someone gets cut get them out of the water to prevent a shark infestation.

The bottom line is to follow the rules of the lifeguard, stay with a buddy, wear sunscreen and respect marine life. Have a great spring break!

---

**MR. ANSON**

Mr. Anson is a great addition to our Jefferson staff, here are some things he’s like you to know about him. His favorite color is purple. He absolutely loves sports but his absolute favorite is baseball. He said if he could have dinner with any person he'd have dinner with his brother. He said his personality as an ice cream flavor is caramel cluster. He and his wife moved down about eight months ago. Mr. Anson is the newest eighth grade ELA teacher. If you see him in the halls be sure to say hello and let's all do our best to make him feel like a part of the Statesmen family.