

N/C Alternative Learning Center-Pathways at Gardendale
Newsletter-November 2020

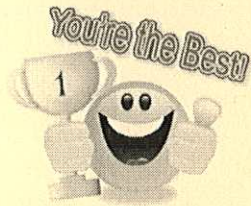
301 Grove Blvd. Merritt Island, FL 32953

Phone #321-633-3489 ext. 44801

Visit our website at <https://www.brevardschools.org/PathwaysGardendale>

STUDENT SHOUT OUTS - Thank you to all our eLearning Students who are checking in with their teachers on time and completing their assignments.

We are also proud of our students who are here at school learning.



Keep up the good work!

**Teacher of the Month: Mrs. Julia Kennedy, English Teacher
was chosen by faculty and staff.**

Congratulations

PBIS EXPECTATIONS N/C ALC is a PBIS (Positive Behavioral Intervention Support) School

- PRODUCTIVE • RESPONSIBLE • OWNERSHIP • SELF-CONTROL

BIG THANKS to:

Merritt Island Elks for donating 200 T-shirts

Palm Point for the presentation and catering lunch for ALC staff

LaStarza Wellness donation of school supplies

Communication Column

You can find information about your teachers by viewing our virtual video on our Facebook page: North/Central Alternative Learning Center.

Eckerd Connects with Teens - Check it out on our Facebook page.

LET'S COMMUNICATE
GRATITUDE ATTITUDE
PROBLEM SOLVING
and MORE



How to connect with your Teachers

Type teacher's last name.first name@brevardschools.org
Example:
kennedy.julia@brevardschools.org

Your teachers may be sending you messages through Focus, Google Classroom, and/or Odysseyware.

You are responsible for checking for messages.

Access learning through launchpad, Google Apps, Google Classroom. Also access Focus (your grades) through Launchpad

If you have questions or concerns regarding ALC please contact Ms. Tagye, Assistant Principal at 321-633-3489.

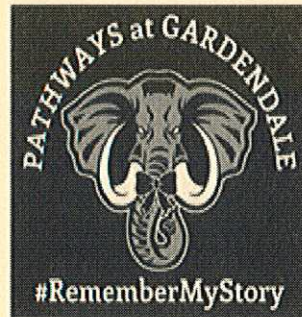
Important Dates

November 11 - Veteran's Day Holiday for all.

November 25 Teacher/Student Holiday.

November 26-27 Holiday for all.

November 2 - December 18
2nd Reading Plus Insight Assessment
All students will be assessed as we continue our progress monitoring efforts.



Teacher's Corner Reading with Mrs. Sharpsteen

I enjoy getting to know the students and their families!

What are we doing in class?

- E-Learners and Face-to-Face learners will use the Reading Plus Computerized program to increase their reading comprehension, word recognition, cite text evidence, to name a few.
- Reading Plus Site Code: CALCENTER. Some students need this information to access their program. Reading Plus also has a vocabulary section for learners to improve word knowledge.
- **Parents:** When you can, read to your children, have them read to you and then talk about what you just read. Have your child create some comprehension questions for you to take. This will be fun as they become the teacher and the parent becomes the learner. Have fun with this activity. .
- Every Thursday & Friday we will be conducting a "Writers Workshop" where we will read an article or two, and then write a five-paragraph essay.
- I look forward to working with your child this year. The best way to reach me is through school email: sharpsteen.shelly@brevardschools.org. Thank you.

PARENT TIP from Ms. Pambello

5-4-3-2-1 Method

Being overwhelmed with emotions? Or anxious thoughts or feelings? This happens to all of us, here is a quick coping/grounding exercise we practice in the In-School suspension classroom to deal with this. The trick to this method relies on sensory awareness. The goal is to detach from emotion and gain control of your thoughts.

First, take some mindful breaths.

Next follow these steps.

1. Look for 5 things you can see
2. Become aware of 4 things you can touch
3. Acknowledge 3 things you can hear
4. Notice 2 things you can smell
5. Become aware of 1 thing you can taste

Of course, this exercise does not make your problems disappear, but it can help you deal with them in a calm centered awareness.