



# Brevard Public Schools

## Middle School Physical Education Requirement

### Waiver Request

#### Section I.

Student name: \_\_\_\_\_

Student number: \_\_\_\_\_

School: \_\_\_\_\_

Date: \_\_\_\_\_

#### Section II.

##### **Statement of Understanding:**

It is strongly recommended that all students seek to develop both their mind and body to the greatest extent possible. Daily classes of physical education are essential for middle school students so they can learn and practice a healthier lifestyle. Therefore, the School Board of Brevard County requires all 7<sup>th</sup> and 8<sup>th</sup> grade students to participate in a daily physical education class. However, per Senate Bill 610, a waiver may be requested for the following reasons:

1. Student is enrolled or required to enroll in a remedial course.
2. The student's parent/legal guardian indicates, in writing, to the school that either:
  - The student enroll in another course from among those offered as options by the school district **OR**
  - The student is participating in physical activities outside the school day which are equal to or in excess of the mandated requirement (75 hours per semester).

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal Guardian Signature

\_\_\_\_\_  
Date

#### Section III.

##### **Parent Permission:**

As a parent/legal guardian of the above named student, I understand and allow the student to substitute his/her participation in physical education by involvement in the following:

- Enrollment in another course offered as an option by Brevard Public Schools:

• Course chosen: \_\_\_\_\_

- Participation in a physical activity, outside of the school day, that consists of no less that 75 hours per semester:

• Activity chosen: \_\_\_\_\_

\_\_\_\_\_  
Parent/Legal Guardian Name – Please Print

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal Guardian – Signature

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Section IV.

**For School Use Only**

- Approved**
- Denied**

\_\_\_\_\_  
Administrator Signature

\_\_\_\_\_  
Date

Notes:

**Student Responsibilities for completing the request process:**

1. Secure form from guidance department.
2. Read instructions carefully.
3. Complete sections I and II.
4. Have parent/legal guardian sign section II.
5. Have parent/legal guardian complete and sign section III.
6. Return *completed* form to the guidance department.
7. Guidance department will review for accuracy and get approval from the designated administrator.
8. Request is granted OR request is denied and returned to student with an explanation.

**Guidance Counselor Responsibilities for completing the request process:**

1. Check to make sure all signatures are received for verification.
2. Keep copy of waiver requests for three years for yearly tabulation of requests to Middle School Programs.