

Dear Parents and Students:

Expectations for Students (as outlined in our first PE unit of the year)

Our rules and procedures in PE are all in place to keep everyone safe, both physically and mentally. Here are the rules we went over in class at the beginning of the year, in all classes.

- Be prepared for class - sneakers or closed in shoes only, no heels or wedges.
- If you feel unwell notify the teacher immediately (see excusal policy)
- Students enter the Pavilion only when the teacher is present, and sit on the bench.
- Wait for the person in front of you to be seated before you sit so that you respect everyone's space.
- Hand feet to self at all times.
- No running on the walkways, in the pavilion or to and from activities.
- Walking feet to and around the water fountain. Line up with your backs to the wall so you don't jog anyone.
- Equipment:
 - Wait until you have received instructions before you touch the equipment.
 - Replace equipment where you found it/leave equipment the way you would wish to find it
 - At the end of the period look around and pick up any out of place equipment.
- DO NOT throw kick or hit anything after the whistle... others may not see it coming if they have stopped playing!
- Careful... look around... double check that nobody is in your space before you start to play/practice
- KIND WORDS... use only kind, encouraging words to others NO PUT DOWNS

Here is a brief outline of my class management procedures.

If a student continues unacceptable behavior or dangerous practices after an initial verbal warning the following procedure will be followed:

1. Verbal warning (noted above) with specific instructions on what to do to change the behavior
2. Verbal Warning
3. Verbal Warning with time out (number of minutes equal to time sitting)
4. Time Out with written response
 - Written Response consists of a 'STOP AND THINK' reflection sheet
 - (The reflection sheet will show the behavior which needs to change and will come home to you, the parent for signature)
5. Referral to the office (*note: physical acting out, fighting or bad language may result in being sent directly to the office and bypassing steps 1-4)