

Physical Education

Safety and Student Excusal

If your child is not feeling well or has a minor injury that would affect their participation in Physical Education he/she will be excused on a day to day basis. Please send us a note with the specifics of whether your child should participate in a limited capacity or not at all. (If a child is not feeling well or complains of a prior injury upon arrival at class, we will excuse that child and ask them to bring a note the next day. This way we can ensure that you are aware that your child did not feel well enough to participate in PE.)

If your child is under the care of a doctor, please provide us with a doctor's note. We will also require a release, in writing, from you or the doctor before your child can resume normal Physical Education activities. For example: We will not allow a child to tell us they are OK to play just because a cast has been removed.

Physical Education Waivers are available for elementary school students per Brevard County policy. It should be noted however, that physical education classes encompass a much wider educational goal than just physical activity. While it is the aim of the program to provide students with opportunities for moderate to vigorous physical activity while they are in a PE class, lessons are also designed to incorporate social and emotional wellbeing, health and nutrition and opportunities for reinforcing core academic concepts through a more kinesthetic learning approach. Students who 'waive out' of physical education would be separated from their normal activity group (those with whom they attend Art, Music and Media) during this activity time, which occurs approximately twice per week (according to the grade level.) If you would like to discuss how the physical activity component of the Physical Education class may be modified for your active child, in order that they may continue to participate in this valuable activity, please do not hesitate to call or E-mail me.

Most of all, if you have any questions please call 242-6480 or E-mail me at landry.kay@brevardschools.org