

Hoover 2024-2025 Cheer Season Packet



Clinic Dates: Monday -Thursday, March 18th-21st 4:30 – 6:00pm (Mandatory)

Tryouts: Friday, March 22nd 3:30pm (students must be picked up directly after they tryout)

Paperwork due no later than Friday, March 15th to Coach Hurst or Ms. Sadowski

Tryout Registration link and athletic paperwork can be found on Hoover's Website.

Contact Information

Coach Hurst – Hurst.Katelyn@BrevardSchools.org

Mrs. Sadowski - Sadowski.Brenda@BrevardSchools.org

Hoover Middle School Cheerleading

2022-2023

I. INFORMATION & REQUIRED FORMS

- ❖ **Informational Meeting** - Tuesday, February 27th 5:00 – 6:00 pm. We will discuss FORMS, participation, uniforms, clinic procedures, costs, etc. (Everything is in this Packet)
- ❖ **Clinic** – Monday, March 18th - Thursday, March 21st 4:30-6:00pm. Learn Routines for Tryouts. Videos will NOT be provided; you MUST attend clinics. Your performance/attitude at clinics will be taken into consideration when the team is being made.
- ❖ **Tryouts**: Friday, March 22nd beginning directly after school at 3:30 (students will need to be picked up directly after their tryout). You will not be considered for the team if you did not dedicate time to come to cheer clinics.
- ❖ **Team Posting**: Monday, April 1st (teams will be posted in the patio and at Hoover’s front office)
- ❖ **MANDATORY MEETINGS FOR THOSE WHO MAKE TEAM:**
 - **Tuesday April 16th 4:30-5:30** - 1st official practice
 - **Tuesday, April 30th 4:30-5:30/6** – Uniform fitting
- ❖ **PRACTICES DURING YEAR:** Monday’s and Wednesday’s starting in August (4:15-6:00PM)
- ❖ **Games** Tue/Thurs (Subject to change)

Cost: \$350 (Due first practice)

For uniform use, sneakers, and other uniform essentials (may be paid with cash or check)

(Payment plans are available: ½ due at 1st day of practice, ½ by Monday, May 20th)
(Need-based scholarships are available as well)

a. Required Forms to attend clinic: **MUST BE VALID. FORMS ARE GOOD FOR 365 DAYS - Current cheerleaders CHECK DATES with Mrs. Sadowski (district Requirement)**

- _____ Pre-participation Physical Evaluation (EL2) Complete BOTH sides – MUST have doctor’s signature
- _____ Consent & Release from Liability Certificate (EL3) Complete ALL Health Insurance Information
- _____ ECG Form
- _____ Covid Form
- _____ Code of Conduct
- _____ Transportation Form
- _____ Parent/Cheerleader Agreement

II) TRYOUT CLINIC

- a. Clinic training begins directly after school at 4:30 – 6:00 PM in Hoover’s gymnasium **OR indoor patio** (do NOT be late).
- b. Students are expected to be changed and, in the gym/**patio** by 4:30pm.
- c. Students should wear athletic shorts, a t-shirt (no crop tops or tank tops), and sneakers. **It is preferred that you wear plain black athletic shorts and a plain white t-shirt.**
- d. Hair – Hair should be neatly pulled back in a hair tie/elastic. No clips or plastic hair accessories allowed (could be a potential hazard).
- e. Jewelry – All jewelry, no matter the type must be taken out prior to the beginning of the cheer clinic.
- f. Anyone not following this dress code will NOT be permitted to participate in the clinic.
- g. Tumbling – either standing or one running tumbling pass. Tumbling is NOT required for anyone to make the team.
- h. Cell phones should be OFF and AWAY during the entire time students are at the cheer clinic. This is to prevent distractions. If a student must use their phone to contact a parent/guardian, they need to notify Mrs. Hurst or another adult at clinics PRIOR to use.

WHAT TO WEAR:

- **For Tryouts:** Please wear sneakers, socks, a plain white T-shirt (NO CROP TOPS, shirts must be full-length), black/gray athletic shorts, hair MUST be pulled back neatly in a ponytail (no braids, no hair accessories). NO JEWELRY! NO GUM! NO TANK TOPS! NO NAILPOLISH! If you have been on any cheerleading team, please do NOT wear any of their attire during tryouts – this includes hair bows!!!

WHAT TO BRING for clinic & try-outs:

- A water bottle (with your name on it)
- Appropriate attire (to change into prior to clinics/tryouts)

III) Obligations & Time Commitments

- a. Home & Away basketball games - game schedule to be given as soon as they are complete. Games are held on Tuesday and Thursday evenings. Attendance is mandatory at all games unless absent from school due to illness. Games start at 5:30, and end at approximately 8:30PM (Game times subject to change)
- b. Mandatory attendance at ALL cheerleading practices unless arranged with coach at least one day prior.
- c. Cheerleaders may participate in other school-sponsored activities, but time should be split fairly, and scheduled in advance with BOTH Sponsors/Coaches.
- d. A Cheerleader may be excluded from certain performances if not at practice.
- e. All-Star/Studio cheer/dance teams are NOT excused absences from Hoover Cheerleading Practices.

IV) Basic GAME Information

- **FALL 2024 Meals - We are asking for a few parents to help organize meals for the girls. Home games they will eat at 4:45PM. Away games they will eat after the 1st game, usually around 6:30 (Times subject to change).**
- Cheerleaders are responsible for bringing their **OWN water bottles** and/or Gatorade/Powerade to every game (No soda at any games).

V) Cheer Expectations/Code of Conduct

- ❖ Must attend all practices which are from 4:15-6 PM, as scheduled.
 - If you are unable to attend, please contact either Mrs. Hurst at Hurst.Katelyn@BrevardSchools.org or message Mrs. Hurst through the remind account. A missed practice without communication means you will be suspended from the next game on the schedule.
- ❖ Pictures, posts, and comments put on social media sites must not in any way misrepresent you, the team, or the school. Be careful with what you post on social media sites.
- ❖ As a squad member you should always have good sportsmanship. Your attitude, behavior, and ability to work with others must be exceptional, this includes your time in each of your classrooms, the hallways, lunch, gym, etc. Not following this guideline may result in a suspension from a game or your removal from the team.
- ❖ On game days, you are expected to wear your uniform for the entire school day. This includes having your hair neatly tied back without any additional hair accessories being worn.
- ❖ Not allowed to leave school after practice is complete unless checked out by parents. Leaving school after practice without checking out will result in a 1-game suspension.
- ❖ Socialization with friends is not part of our job during the games. Must stay in assigned area during games unless you have permission to go elsewhere. Failure to follow this instruction will result in a 1-game suspension.
- ❖ If a student-athlete receives a referral that results in an in-school suspension or out-of-school suspension during the cheer season, he/she will be removed from the team.
- ❖ If a student-athlete receives 2 dean's detentions for being tardy during the cheer season, he/she will be removed from the team.
- ❖ If a student-athlete is failing a class, he/she will not be allowed to participate in games until that grade is brought up to passing.
- ❖ At school, basketball games, or practice, you are representing Hoover Middle School as a student athlete. If your behavior/attitude is poorly reflecting Hoover Middle School, you will be suspended from the next game and possibly removed from the team.
- ❖ As a coach, I reserve the right to remove or suspend any athlete that does not abide to the expectations that we have for this team; therefore, any behaviors not covered on this sheet that are a detriment to the progress of the team will result in suspension or removal.
- ❖ **No outside group chats are permitted for cheer. If you are caught messaging in a group chat other than the one organized by Mrs. Hurst, you will be suspended for 1 game.**

**HOOVER MIDDLE SCHOOL PARENT & CHEERLEADER
EXPECTATIONS AGREEMENT**

I _____ as a candidate for cheerleader, accept the rules, expectations and requirements outlined in the Hoover Middle School Cheerleading Package and the school's Student –Athlete Code of Conduct. I realize that I am making a commitment to complete the entire season and will be expected to put cheerleading as one of my top priorities and will always maintain proper behavior. I also agree, accept, and fully understand that if any rules are broken, I will be disciplined accordingly.

Print Cheerleader name

Cheerleader signature and date

I _____, give permission for my daughter/son _____, to participate in cheerleading tryouts. I acknowledge that if she/he is selected my child along with myself will follow all of the guidelines set forth in the cheer packet and additional school rules and codes of conduct. I also fully understand and agree that if any rules are broken, consequences are in place.

Print Parent name

Parent signature and date