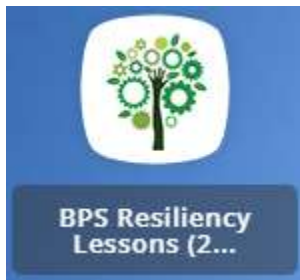


## SY24 BHS Mental Health Instructions



- Lessons will be delivered in homerooms on Fridays except for three high-impact lessons that are scheduled for Wednesdays.
- Homerooms will teach the lesson that matches the grade of most students.
- Lessons have been arranged so that everyone on campus has the same “Teen Safety” lessons and similar District-created lessons.
- Lessons and facilitator guides are available now through your BPS Launchpad in the BPS Resiliency Lessons icon. Choose the lesson number from the schedule based on your grade level.
- Teachers absent on Mental Health Fridays will make up the lesson at the next available home room. If teachers are absent for the Wednesday sessions, we will schedule a common date for the make up lessons.
- Students who are absent for mental health lessons do not need to make them up.
- There is not an opt-out available for students. However, we will accommodate students for the three high-impact lessons as needed through the guidance office.

### NOTES:

- The “Teen Safety” lessons will need to be downloaded prior to home room.
- The “Teen Safety” facilitator guides are 10 to 20 pages and contain detailed lessons plans.