

**FALL  
ATHLETICS  
2020-21**

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# Highlights of Fall Sport Plan

BPS Fall Sports Plan is based on recommendations from FHSAA and SMAC

All Fall Varsity Sports are able to complete a season and be qualifying for FHSAA State Series

Travel has been minimized for all sports minimizing both cost and health & safety concerns

Students will continue to have an opportunity, not only to participate in sports, but also show school spirit and a return to social engagement with precautions in place for safety

Stage 1: June 22 <sup>nd</sup> – August 25 <sup>th</sup>	Voluntary conditioning, small groups <10, no shared equipment, no shared hydration stations
Stage 2: August 26 – September 5	Voluntary conditioning, larger groups <50 outdoors only, no shared equipment, during indoor meetings 6 ft. requirement between participants
Stage 3 /Full FHSAA Practice: Sept. 8 – Sept. 19  First Game: Week of September 21 <sup>st</sup>  Season End: November 6 <sup>th</sup> (Per FHSAA)	Full contact; hydration stations allowable, <50 indoors or outdoors  Continued Precautions: When not directly participating in practices or contests care should be taken to maintain 3 – 6 feet between each participating individual outdoors and 6 feet indoors.

# VARSITY FOOTBALL

## Division 1

Rockledge

Cocoa

Viera

Bayside

Eau Gallie

Heritage

Palm Bay

Melbourne

## Division 2

Astronaut

Space Coast

Melbourne Catholic

Holy Trinity

Merritt Island

Titusville

Satellite

Cocoa Beach

# Varsity Football

- District is divided into 2 divisions. Each division includes crosstown rivals. This maximizes gate and minimizes travel.
- Each school plays each team in their division.
- 7 game schedule provided by District.
- Only in-county games will be scheduled.
- No more than 50 students on each team (FHSAA recommendation).
- JV Competitions will mirror Varsity schedule.

Stage 1: June 22 <sup>nd</sup> – August 22 <sup>nd</sup>	Voluntary conditioning, small groups <10, no shared equipment, no shared hydration stations
Stage 2: August 24 <sup>th</sup> – August 29 <sup>th</sup>	Voluntary conditioning, larger groups <50 outdoors only, no shared equipment, during indoor meetings 6 ft. requirement between participants
Stage 3 /Full FHSAA Practice: August 31 <sup>st</sup> – September 12 <sup>th</sup>	Full contact; hydration stations allowable, <50 indoors or outdoors
First Game: Week of September 14 <sup>th</sup>	Continued Precautions: When not directly participating in practices or contests care should be taken to maintain 3 – 6 feet between each participating individual outdoors and 6 feet indoors.
Season End: October 10 <sup>th</sup> (Per FHSAA)	

# VARSIITY VOLLEYBALL

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## Division 1

## Division 2

Rockledge

Astronaut

Cocoa

Space Coast

Viera

West Shore

Bayside

Edgewood

Eau Gallie

Merritt Island

Heritage

Titusville

Palm Bay

Satellite

Melbourne

Cocoa Beach

Melbourne Catholic

Holy Trinity

# Varsity Volleyball

- District is divided into 2 divisions. Each division includes crosstown rivals. This maximizes gate and minimizes travel.
- Each school plays each team in their division at least once.
- No more than a 12 game schedule provided by Athletic Directors per FHSAA games per week limit.
- Only in-county games will be scheduled.
- JV Competitions will played prior to Varsity game.

Stage 1: June 22 <sup>nd</sup> – August 22 <sup>nd</sup>	Voluntary conditioning, small groups <10, no shared equipment, no shared hydration stations
Stage 2: August 24 <sup>th</sup> – August 29 <sup>th</sup>	Voluntary conditioning, larger groups <50 outdoors only, no shared equipment, during indoor meetings 6 ft. requirement between participants
Stage 3 /Full FHSAA Practice: August 31 <sup>st</sup> – September 12 <sup>th</sup>	Full contact; hydration stations allowable, <50 indoors or outdoors
First Match/Meet/Game: Week of September 14 <sup>th</sup>	Continued Precautions: When not directly participating in practices or contests care should be taken to maintain 3 – 6 feet between each participating individual outdoors and 6 feet indoors.
Season End: Bowling: Oct. 24 <sup>th</sup> Cross Country: Oct. 17 <sup>th</sup> Swimming/Dive: Oct. 17 <sup>th</sup> Golf: Oct 10 (Per FHSAA)	

# GOLF, SWIMMING & DIVING, CROSS-COUNTRY, & BOWLING

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South	North
Satellite	Astronaut
West Shore	Space Coast
Viera	Cocoa
Bayside	Edgewood
Eau Gallie	Merritt Island
Heritage	Titusville
Palm Bay	Rockledge
Melbourne	Cocoa Beach
Melbourne Catholic	Holy Trinity

# Golf

- District is divided into 2 divisions. Each division is based upon location due to golf course access. This minimizes travel.
- 4 match schedule provided by Athletic Directors.
- Only in-county matches will be scheduled.
- An additional Cape Coast Conference Championship Match will be played.



SOUTH	NORTH
Satellite	Astronaut
West Shore	Space Coast
Viera	Cocoa
Bayside	Edgewood
Eau Gallie	Merritt Island
Heritage	Titusville
Palm Bay	Rockledge
Melbourne	Cocoa Beach
Melbourne Catholic	Holy Trinity

# Swimming & Diving

- District is divided into 2 divisions. Each division is based upon geographic location. This minimizes travel for each team.
- 4 match schedule provided by Athletic Directors.
- Only in-county competition will be scheduled.
- An additional Cape Coast Conference Championship Meet will be held.

South	North
Satellite	Astronaut
West Shore	Space Coast
Viera	Cocoa
Bayside	Edgewood
Eau Gallie	Merritt Island
Heritage	Titusville
Palm Bay	Rockledge
Melbourne	Cocoa Beach
Melbourne Catholic	Holy Trinity

## Cross-Country

- District is divided into 2 divisions. Each division is based upon geographic location. This minimizes travel.
- 4 match schedule provided by Athletic Directors.
- Only in-county competition will be scheduled.
- An additional Cape Coast Conference Championship Meet will be held.

South	North
Satellite	Astronaut
West Shore	Space Coast
Viera	Cocoa
Bayside	Edgewood
Eau Gallie	Merritt Island
Heritage	Titusville
Palm Bay	Rockledge
Melbourne	Cocoa Beach

# Bowling

- District is divided into 2 divisions. Each division is based upon geographic location. This minimizes travel.
- 5 match schedule provided by Bowling Proprietors.
- Only in-county competition will be scheduled.
- An additional Cape Coast Conference Championship Match will be played.

# MIDDLE SCHOOL ATHLETICS PLAN

- To follow all the same guidelines as stated within the Fall Sports Plan.
- Created using input directly from Middle School Principals and Athletic Directors.

# MIDDLE SCHOOL TRACK AND FIELD

## Return to Activity

- Stage 2: Sept 8 – Sept 18.
- Stage 3: September 21 – October 2nd.

## Middle School Track Season (October 5<sup>th</sup> – November 13<sup>th</sup>)

- 5 Meets + District Championship

# MIDDLE SCHOOL BASKETBALL

Return to Activity **TO BE DETERMINED**

- Middle School Basketball Season(February 12<sup>th</sup> – April 16)
  - 8 Games + Championship Tournament
    - Sweet 16 Format – All Teams Ranked from 1-16

# Universal Precautions

- The BPS athletic program may change in accordance to updates from the Centers for Disease Control (CDC), the Florida Department of Health, or other state or local directives.
- ALL student athletes must have a current pre-participation physical (EL2), 2020-21 Consent Release and Concussion form (EL3), BPS ECG Clearance Form, and the Assumption of Risk Form on file prior to participation.
- Each school's athletic/activity programs will operate with the approval of School and District leadership in moving forward through each season. If programs are out of compliance with BPS health and safety guidelines, the program shall be suspended until such time as the program can be brought into compliance with the guidelines or new CDC or FDOH guidance is given that restrictions or precautions are no longer needed to combat COVID-19.

# Universal Precautions

- Coaches/Sponsors are required to wear cloth face coverings when social distancing cannot be adhered to.
- Celebration is a natural part of athletics and team building. Coaches/Sponsors should develop a way to celebrate the hard work and personal victories of their teams that honor social distancing.
- No visitors are allowed at practices on campus as per the Reopening Schools Plan. Only coaches, sponsors, administrators or students scheduled for the specific time are allowed during these practice sessions.
- No out-of-county travel is permitted as per the Reopening Schools Plan.
- Trainers, including student trainers, will use the CDC recommended PPE when working with student athletes.



# Screening Procedures

- All coaches/sponsors and students will be screened upon their arrival on campus for signs/symptoms of COVID-19 prior to a workout or competition. Screenings include questions listed on the monitoring form as well as a temperature check.
- Any person with any symptoms will not be allowed to take part in workouts or competitions and should contact his or her primary care provider or other appropriate health-care professional. The student will not be allowed to participate for 10 days or until released by a physician.
- Taking into account the potential for environmental factors causing an elevated temperature, should the temperature be elevated, it is appropriate to isolate the individual and recheck the temperature after 5-to-10 minutes of sitting in a cool environment

# Face Coverings

Athletes should follow Reopening Schools Plan guidelines. Additionally face coverings requirements include:

- While in classrooms or locker rooms and on the field of play during any pre-warm up walkthrough (i.e. pre-game walking of the field in football) face coverings should be worn.
- While on the sidelines/benches and not actively engaged in competition “field of play” whenever social distancing cannot be adhered to face coverings should be worn.
- Schools will have an effective plan to allow student-athletes to wear face coverings while in bench areas but quickly remove face covering to enter “competition” and keeping individualized face coverings separate and isolated in a container or plastic bag when not in use.
- Coaches and game day personnel (Sports Medicine staff, SID’s, media, film crews, ball crews, student trainers, etc.) will utilize face coverings when social distancing cannot be adhered to.
- Exceptions as outlined in the Reopening Schools Plan still apply.

## Sidelines and Benches

- Each sideline/bench will have enough hand sanitizing stations to satisfy the need of sideline/bench capacity.
- Teams will not share water bottles in competition.
- Only Sports Medicine staff, trainers, student trainers, or designated game day managers will be allowed to access and utilize water coolers.
- All benches will be wiped down using proper cleaning agents before and after competition. Wipe down bench spaces as frequently as possible throughout competition.
- Towels will not be provided by the host site. Student-Athletes should not share their towel with other members of their team.

## Sidelines and Benches cont.

- Used towels will be placed immediately in an open bin container to avoid cross-contamination. This container should be clearly identified as soiled laundry.
- Sideline personnel will be limited to participating athletes, coaches, medical staff and game day staff; however, anyone on the sideline or involved with the contest will adhere to these guidelines.
- When possible, benches and sidelines should provide each team space for appropriate physical distancing (minimum 6 feet apart) when not on the field.

## Locker Rooms

- Locker Room will be cleaned and sanitized at least daily.
- Clean and disinfect frequently touched surfaces at least daily (more frequently is recommended) and shared objects between each use.
- Participants and staff will be required to wear face coverings in the locker room.
- Changing of clothes and showering at the facility will be discouraged.
- Safe distances in the locker room of at a minimum of six feet between occupants will be maintained.

## Locker Room Cont.

- Consider a rotating schedule for players in and out of the locker room or training areas to avoid potential congestion.
- Encourage student-athletes to transport their individual equipment including uniforms, towels, and shoes to it home and disinfect daily.
- For away games, designate a bin for transportation of uniforms/washable items
- All athletic training rooms, locker rooms, weight rooms, meeting rooms and any other gathering places will be cleaned according to the most-up-to-date CDC guidelines.

# Travel

- Include on the travel roster only those student-athletes on the active roster.
- Bus transportation will follow Return To School Transportation Guidelines.

## Game Day Staff

- Game day staff and officials must have a temperature check prior to the game.
- Self-Screening should be performed prior to travel to competition venue.
- Upon arrival to event venue, prior to entering competition facility, temperature should be assessed and Return to Activity health screening questionnaire completed.
- If a game day event staff member or official reports an abnormal screen, either based on symptoms or temperature level, the individual should wear a face covering and be sent immediately to a designated area for isolation and school's action plan implemented.



## Venue

- Cheerleaders, mascots, and dance team will only participate at events where social distancing of at least 6 ft. can be observed.
- Direct physical interaction with and sharing of equipment and “apparel” with fellow cheerleaders, mascots and dance team members, including those from the opposing team(s) and fans will be prohibited.
- Cheerleaders, mascots, and dance team cannot occupy space where the sports team is located.

# Spectators

- Each stadium will operate at 25% capacity.
- Spectators should verbally attest to each of the COVID-19 verbal screening questions. These questions will be posted at every venue.
- Spectators are required to wear face coverings when social distancing between other family groups cannot be maintained as per the Reopening Schools Plan.
- Spectators will be restricted from direct competition areas and from visiting with student-athletes and personnel before, during and after events.

## Spectators Cont.

- Spectators should always practice physical distancing with those outside of their direct family parties.
- Spectators will not congregate in walkways, hallways, common traffic areas, or gymnasiums.
- Schools are highly encouraged to have appropriate signage promoting these physical distancing guidelines.

## Sport Specific Guidelines

- Sport specific guidelines will be based on FHSAA recommendations to be determined by Brevard Public School Athletic Directors.
- Athletic Directors are meeting on Wednesday, August 26<sup>th</sup>.
- Guidelines will be provided to schools prior to Stage 3/Full FHSAA Practice

## Marching Band

- Marching band participation will be optional for all band students this year
- Band directors, in consultation with their school administration, will determine their level of participation at each event based on their unique program
- Marching bands will maintain social distancing guidelines per instrument used (based on UC-Boulder study) for all performances and practices.
- Each school will need to determine where bands are sitting/performing based on their stadium or field seating
- Volunteers are prohibited per the Reopening Schools Plan. However, chaperones, wearing face coverings and having participated in a health screening, will be allowed to supervise students on the field and in the stands

## Marching Band Cont.

- Marching Bands will use protective coverings on the bells of brass and woodwind instruments
- Marching Bands will wear masks when playing wind instruments when social distancing is not possible
- Band Directors will work with their Principals to schedule custodial support for cleaning and disinfecting rooms after games
- Bands who have run concessions in the past and desire to so in the future will have to coordinate with BPS food services to determine new food safety guidelines
- Bands will not attend away games